

Reach Out and Read Fast Facts

Reach Out and Read prepares central Ohio's youngest children to succeed in school by partnering with pediatricians who prescribe new books during routine well child visits and encourage families to read together.

National Reach Out and Read Model:

- Reach Out and Read Programs are located in more than 4,688 hospitals and health centers in all 50 states, Washington, D.C., Puerto Rico, and the U.S. Virgin Islands.
- Doctors, nurse practitioners, and other medical professionals incorporate Reach Out and Read's evidence-based model into regular pediatric checkups.
- The program begins at the 6-month checkup and continues through age 5, with a special emphasis on children growing up in low-income communities.
- The Reach Out and Read model is endorsed by the American Academy of Pediatrics and the National Association of Pediatric Nurse Practitioners.

The Impact on central Ohio:

- Nationwide Children's Hospital pediatricians prescribe more than 60,000 new books each year.
- Since inception in 1989, more than 1,000,000 books have been distributed through our Reach Out and Read Program.
- In 2010, 83,000 gently-used books were given away through our primary care centers.
- More than 115 reading and music volunteers engaged patients in literacy and music related activities. Generously contributing more than 5,600 volunteer hours.

The Challenge:

- 46% of central Ohio children enter school at risk for academic failure.
- A typical middle-class 5 year old is able to identify 22 letters and sounds of the alphabet compared to just 9 letters for a child from a low-income family (Ehri-Roberts, 2006).
- Children who cannot read at a 3rd grade level by age 8 are exponentially more likely to enter the prison system. A number of states use the number of children not reading at grade level by the 3rd grade to forecast prison space needs (Ohio Governor's Forum, 2008).

The Research-Proven School Readiness Strategy:

- Research findings from 14 published, peer-reviewed studies clearly demonstrate the Reach Out and Read model works.
- Parents who receive Reach Out and Read intervention read to their children up to 40% more often.
- Children served by Reach Out and Read score significantly higher on vocabulary tests. This increase represents a six-month developmental gain for children in the preschool years. No other early intervention has this type of evidence base or impact.

www.NationwideChildrens.org/ReachOutandRead



Month: AUGUST

Themes: Alphabet Recognition, Colors, Counting, Shapes, Sequencing, Back to School, Making new friends, National Aviation Day!

Recommended books:

1. Miss Bindergarten Stays Home From Kindergarten by Joseph Slate
2. Colors by Bright Baby Books
3. Bear in a Square by Stella Blackstone
4. The Very Hungry Caterpillar by Eric Carle
5. Count! By National Geographic

Recommended Activities to develop Kindergarten Readiness Skills:

1. LETTER RECOGNITION: Read Miss Bindergarten Stays Home from Kindergarten. Help the children with letter recognition by asking them to identify the letters of the alphabet that appear in different colors on the pages. Ask them to tell you what "big letters" they see and what "little letters" they see. Sing the ABC song with the children.
2. COLOR RECOGNITION: Read Colors. Help the children identify the different colors on the pages. Ask them to tell you what color they are wearing today. Play "I Spy" and try to have them guess what object from the room you are thinking of based on the color you say. (Ex: You say, "I spy something green," and you are thinking of a green chair in the waiting area.)
3. IDENTIFYING SHAPES: Read Bear In A Square. Talk about all of the different shapes that appear on each page. Have the children look around the room and tell you what different shapes they see.
4. SEQUENCING: Read The Very Hungry Caterpillar. Ask the children to try and remember the sequence of events in the story. Take out the sequencing cards and put them in the incorrect order and try to see if the children can tell what the correct order should be.
5. COUNTING: Read Count! Have the children point to the animals and count them with their fingers. Talk about the different animals they see in the book. Ask them to help you count all of the people in the waiting area.

Other activities: Talk about what the first day of school might be like for those children going to kindergarten, talk about making new friends, complete the coloring and activity sheets, give the children instruments to play while singing songs, education of instruments and notation, instrument cards (memory and matching).

A few friendly reminders, please:

- Remember to **always wash your hands** before, during and after your volunteer time.
- Make **copies** of activity sheets as needed.
- Please **retain** all books that are in the volunteer bag. Please don't let the children take the volunteer books home.
- **Restock** gently used books and Highlights or High 5 magazines in waiting areas. Also, new books may need to be restocked in the physicians' offices.

If you are low on books or need other materials, please contact **Janel Field** at 355-0520 OR janel.field@nationwidechildrens.org

Please Note: Although our curriculums have merged, the music instruments will remain in the large **GREEN** bags. **All** volunteers are welcome to use the instruments to supplement reading activities. Please remember to wipe them down with disinfectant wipes before you put them away. Thanks!!



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™